



## Women's Vitality Health Screening

Our Vitality Health Screening takes the Essential Health Screening one step further to include contraception discussions, cervical smear and breast screening. This package is generally aimed at slightly older adults with no significant medical history. The below information is a guide only and prices may increase or decrease as the doctor customizes tests required to your needs.

Optional add on tests are not included in the package price.

The Vitality Health Screening will take approximately 45 minutes with the doctor.

### Consultation

Medical History and discussion  
Physical Examination by doctor

### Clinic Examination

Height, Weight and Body Mass Index  
Blood Pressure and Pulse Rate  
Waist and Hip Measurement  
Breast Check  
Cervical Smear

### Laboratory

#### Haematology Tests

Haemoglobin  
Total RBC  
Haematocrit (HCT/PCV)  
MCV, MCH, MCHC  
Total WBC  
Differential Count  
Platelet Count  
Peripheral Blood Film (PBF)

#### Lipid Profile

Total Cholesterol  
Triglycerides  
HDL Cholesterol  
LDL Cholesterol  
Total Cholesterol/HDL Cholesterol Ratio

#### Diabetes Screen

Glucose

### Renal Function Profile

Urea  
Creatinine  
eGFR

### Bone and Joint Profile

Uric Acid

### Liver and Biliary Profile

Total Protein  
Albumin  
Globulin  
Total Bilirubin  
Alkaline Phosphatase  
SGOT/AST  
SGPT/ALT  
Gamma GT

### Thyroid Studies

Free Thyroxine (fT4)  
Thyroid Stimulating Hormone (TSH)

### Urine Tests

Urine FEME

### Optional Add on Tests

Hormone Discussion & Screening  
Contraception Discussion  
Mammogram & Breast Ultrasound  
HPV Test (recommended for smear)

**Prices starts from \$412 excl. GST**