



International
Medical Clinic

International Doctors
Caring for You

HEALTH SCREENINGS PERSONALISED FOR YOU



You are unique.

You deserve a Health Screening that fits your needs.

What are the benefits of having a Health Screening?

We have busy lives and our health can be neglected due to the demands of careers and family. At International Medical Clinic (IMC) we view ourselves as your health care partner and believe a Health Screening is more than a check-up. It can be the start of a journey towards better health.

As most of us are healthy most of the time, it is very easy to take our health for granted. As we get older small health issues can become more pronounced. Treatment is always more effective when a health issue is identified early, rather than discovering it late. We use our health expertise to build a clear picture of where your current health is and identify potential future health risks.

Why use IMC for your Health Screening?

TRUST

IMC has been a trusted healthcare provider for the international community for over 20 years. We have developed a strong reputation for evidence-based medical advice you can rely on.

BESPOKE

We will not recommend any tests or procedures which are not necessary. This is a key difference between 'off the shelf' Health Screenings and the IMC approach. Our Health Screenings will be tailored to *your* individual health needs.

COST

As personalisation is embedded into our Health Screenings, you will avoid paying for costly tests and procedures that you may not need. Charges will always be explained and you can openly discuss your budget with your doctor.



What does 'Bespoke Health Screenings' mean?

Our Health Screenings offer much more than just a check on your health.



We provide personalised tests and measures to tell you where your health is today.



Through this process we identify what risks you could be facing in the future.



We then provide support to help you change your lifestyle to help you live healthily today and in the future.

Your assessment will be tailor-made for your personal needs and we only perform tests that are necessary to avoid giving you things to worry about. Our expert team will guide you through future risk factors and will give you practical lifestyle support to empower you to be able to make any necessary changes.



Will my medical insurance cover my Health Screening?

We have Direct Billing arrangements with over 50 international medical insurance and assistance companies, however it is advisable to check with your insurance provider to understand your policy as each policy is different.

How long will it take?

This will depend upon the type of Health Screening that you require and your medical history. After you have chosen your bespoke requirements we will be able to advise you of the approximate time allocation. As a rough guide Health Screenings can take anything from 30 mins to up to 2 hours. We can guide you when you book to the expected time allocation.



Yes. When you fill in your online form you will be asked whether you have a preferred doctor. The Clinic staff will then discuss with you available dates and times that work for your schedule. If you don't have a preferred doctor we can recommend accordingly.

What is the cost?



Because we do not provide 'off-the-shelf' Health Screenings we cannot give you the total cost until you **fill in the online form**.



Once you fill in the online form **an approximate cost will be provided**, dependent upon your personal health needs.



Please be assured that you will never be given tests you do not need and **all costs will be discussed**.

Complete an online request form and we will be in contact to confirm a time and date that suits your requirements.





What is the right Health Screening for me?

With personalised attention from our doctors and medical staff, our aim is to improve your health and well-being. Our Health Screening programmes are tailored and personalised for every individual therefore we have developed a simple 3 step process.



1 Identify your baseline **Foundational Screening** through your age and gender.



2 Add any **Supplementary Screenings** necessary according to your personal health history and individual needs.



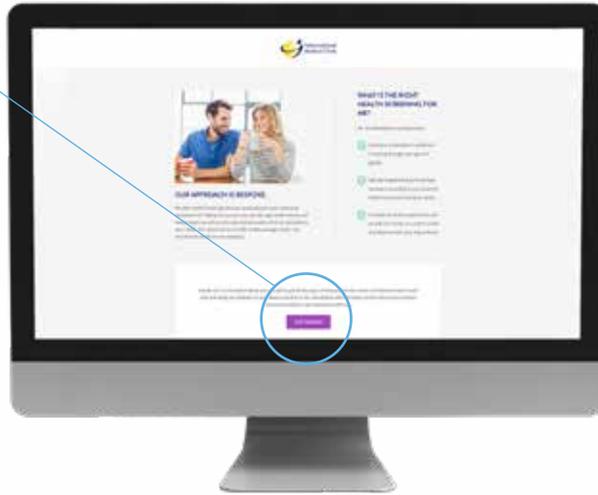
3 Go to www.imc-healthcare.com and choose Health Screenings from the Services tab.

Please be aware that if you do not have access to the internet you can call our Reception team who can guide you through and make the correct allocations in consultation with you.

Let's do this

1 Go online

Go to www.imc-healthcare.com and choose Health Screenings from the Services tab. Follow the instructions to determine which screening best suits your needs.



2 Confirmation

After you submit the online form one of our Clinic staff will contact you (by email or phone) to discuss appointment details (date, time, length of time allocated for the screening etc).

3 Appointment

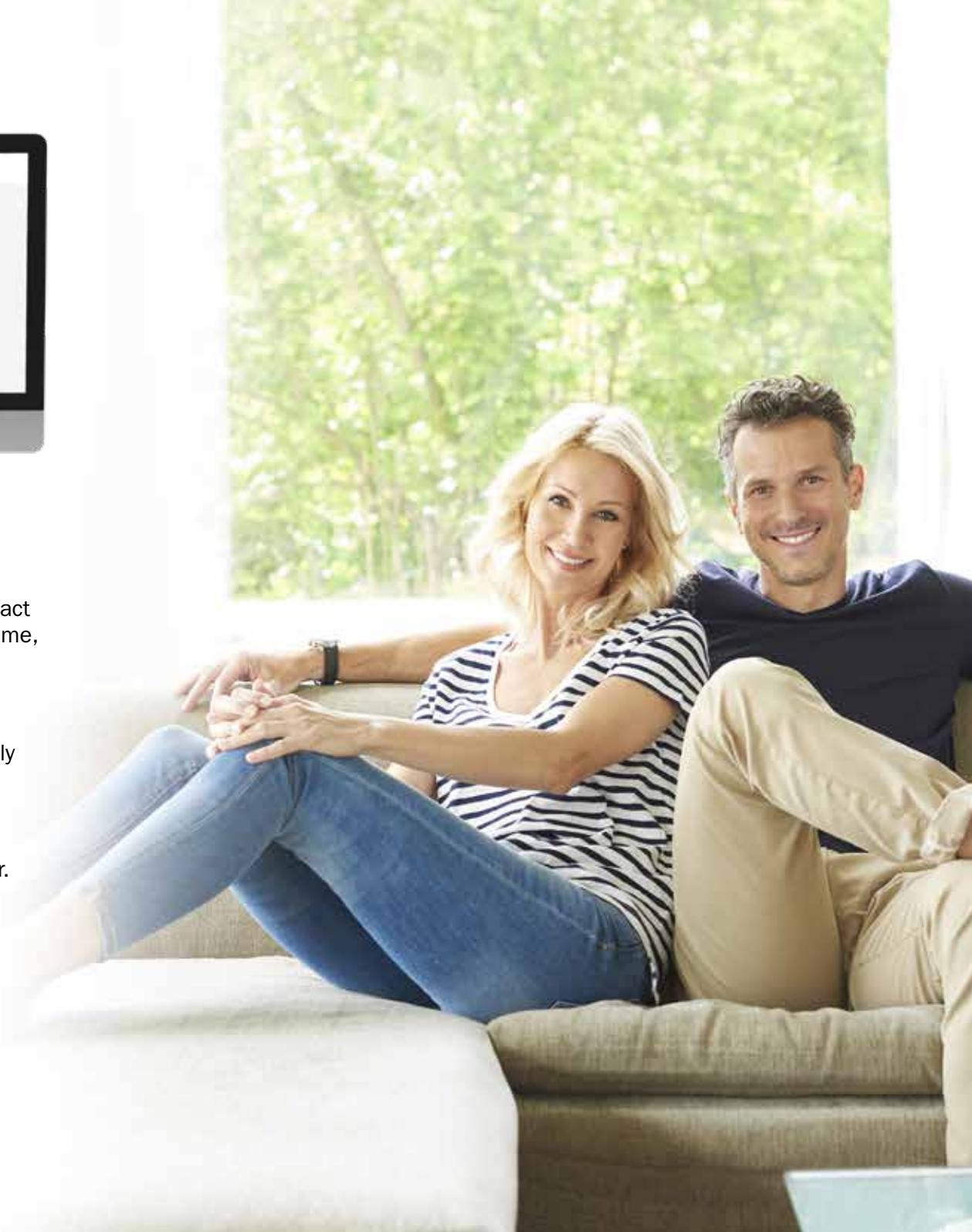
Your Screening will be conducted with a doctor and our medically trained staff in the IMC Clinic of your choice.

4 Results

Results may be provided verbally or electronically by your doctor. You will also receive a written report electronically and / or hardcopy as per your preference.

5 Ongoing support

If there are any ongoing health requirements that are needed as a consequence of the Screening our doctors will advise you accordingly.



OUR LOCATIONS



Camden

1 Orchard Boulevard
#14-05/06/07
Camden Medical Centre
Singapore 248649
T 6733 4440
E camden@imc-healthcare.com



Jelita

293 Holland Road
#02-03/04
Jelita Cold Storage
Singapore 278628
T 6465 4440
E jelita@imc-healthcare.com



Katong

86-88 East Coast Road
#02-07
Katong Square
Singapore 423371
T 6342 4440
E katong@imc-healthcare.com



Children's

1 Orchard Boulevard
#14-01/02/03
Camden Medical Centre
Singapore 248649
T 6887 4440
E paediatric@imc-healthcare.com

Make your appointment today!

www.imc-healthcare.com

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